

*Go
Greek*

TRUMAN STATE UNIVERSITY™

Panhellenic 2019

ΑΣΑ ΑΓΔ ΔΖ ΣΚ ΣΣΣ ΔΦΕ



Dear Potential New Member,

Are you interested in Greek Life? Formal Recruitment is the time when you can have your questions about Greek Life answered and decide if joining a sorority is the right choice for you. Formal Recruitment is a week-long experience in which women just like yourself have the opportunity to take a closer look at sorority life at Truman. During the Formal Recruitment process, you will be able to meet sorority members, discuss Greek Life, and start new friendships.

We encourage you to learn more about Greek Life and sign up for Formal Recruitment. If you have any questions, please do not hesitate to explore our website at panhellenic.truman.edu or e-mail us at panhellenictruman@gmail.com. Sorority members will be at the tables in the SUB, Ryle Hall, and Missouri Hall from 9:00 am to 2:00 pm on August 19th-23rd and August 26th-30th to answer any questions you might have about the Formal Recruitment process.

Sincerely,

The 2019 Panhellenic Recruitment Team
Madison, Mary Kate, Mollie, Maddie, Mikenzie, Courtney



WHAT IS SORORITY LIFE

Sisterhood

Leadership

Although each sorority is unique and has their own values and ideals, they all possess a strong sisterhood between their members. Whether you are simply hanging out in the chapter room, in the Rec playing intramural sports, or going out to dinner with your sisters, you are creating bonds that will last a lifetime. Each chapter is made up of a diverse group of women and has something unique to offer.



**APPROXIMATELY 25%
OF TRUMAN WOMEN
ARE GREEK**

There are countless ways to get involved and take on leadership roles in a sorority. Holding an officer position, or simply being a role model are all examples of ways for you to develop your leadership and organizational skills. You have the chance to make a difference in the lives of your sisters and on Truman's campus.

**75% OF SORORITY WOMEN ARE ALSO INVOLVED
IN ORGANIZATIONS OUTSIDE OF GREEK LIFE AND
25% OF THEM HOLD LEADERSHIP POSITIONS.**



AT TRUMAN ALL ABOUT...

Service

PANHELLENIC SORORITIES DONATED OVER 16,000 HOURS IN SERVICE AND RAISED OVER \$14,000 AT PHILANTHROPY EVENTS LAST YEAR.

Philanthropy plays a large role in the lives of Truman Greeks. Not only does each sorority on campus support their own philanthropies, but they also collectively support the Panhellenic Council's philanthropy, St. Jude Children's Research Hospital. They go far beyond this and participate in other fraternity and sorority philanthropy events, campus-wide service events, volunteer in the community, as well as team together with fraternities and other campus organizations to compete to raise the highest amount of money for the Homecoming and Greek Week philanthropies. Whether they give monetary donations or spend time volunteering, Greeks are proud to devote their time and energy to worthy causes.



Scholarship

Each chapter strives for academic excellence for all of its members. Sororities engage their members in mentoring programs, incentive programs, and minimum GPA requirements to ensure academic success. Each year, the sorority with the highest grade-point average is awarded the President's Cup. In addition, the Panhellenic Council also recognizes outstanding chapters and individuals with awards and scholarships to encourage scholastic achievement from all sorority women.



THE AVERAGE SORORITY WOMAN'S CUMULATIVE IS 3.36, WHICH IS HIGHER THAN THE CAMPUS AVERAGE.

ALPHA GAMMA DELTA



Values: “Alpha Gamma Delta is an international women’s fraternity that promotes academic excellence, philanthropic giving, ongoing leadership and personal development and above all, a spirit of loving sisterhood.”

International Sorority

Founded Syracuse University, Syracuse, New York: May 30, 1904

Flower Red and Buff Roses **Mascot** Squirrel

Colors Red, Buff, and Green

Philanthropies Alpha Gamma Delta Foundation (Fighting Hunger, Sister Grants and the Leadership Institute), The ‘I Think I Can’ Foundation

ALPHA SIGMA ALPHA



ΑΣΑ

Values: “Sisterhood - forming strong bonds of unconditional friendship based on common values and experiences; Heritage - expressed through creed, ritual and history; and Leadership and Service - enhanced by chapter, campus and community involvement.”

National Sorority

Founded Longwood College, Farmville, Virginia: November 15, 1901

Flower Narcissus and Aster **Mascot** Lady Bug

Colors Pearl White and Crimson

Philanthropies Special Olympics, S. June Smith Center, Girls on the Run, DOT Days, Puppy Love for Tally

“Aspire, Seek, Attain”

DELTA PHI EPSILON



Values: “Delta Phi Epsilon develops a social consciousness and a commitment to think and act for the greater good. We assure continuous development and achievement for women by embracing our founding principles of justice, sisterhood, and love.”

National Sorority

Founded New York University Law School, New York, New York: March 17, 1917

Flower Lovely Purple Iris **Mascot** Unicorn

Colors Royal Purple & Pure Gold

Philanthropies Cystic Fibrosis Foundation, National Association of Anorexia Nervosa and Associated Disorders (ANAD), & Delta Phi Epsilon Education Foundation

"Esse Quam Videri ; To Be Rather Than To Seem To Be"

DELTA ZETA



Values: “The purpose of this sorority shall be to unite its members in the bonds of sincere and lasting friendship, to stimulate one another in the pursuit of knowledge, to promote the moral and social culture of its members, and to develop plans for guidance and unity in action; objects worthy of the highest aim and purpose of associated effort.”

National Sorority

Founded Miami University, Oxford, Ohio: October 24, 1902

Flower Killarney Rose **Mascot** Turtle

Colors Rose & Green

Philanthropies Painted Turtle Camp, Starkey Hearing Foundation

"Enriching Lives that Change the World"

SIGMA KAPPA



Values: "The values of Sigma Kappa are personal growth, friendship, service and loyalty."

National Sorority

Founded Colby College, Waterville, Maine: November 9, 1874

Flower Violet **Symbol** Dove & Heart

Colors Royal Purple and Pure White

Philanthropy Maine Seacoast Mission, Alzheimers Research,
Inherit the Earth Gerontology, Sigma Kappa Foundation

SIGMA SIGMA SIGMA



Values: "Sigma Sigma Sigma reaffirms its long standing core values of wisdom, power, faith, hope and love."

National Sorority

Founded Longwood College, Farmville, Virginia: April 20, 1898

Flower Purple Violet **Symbol** Sailboat

Colors Royal Purple & Pure White

Philanthropy Robbie Page Memorial Foundation, Sigma Sigma Sigma Foundation, March of Dimes

"Faithful Unto Death"

PANHELLENIC COUNCIL



2019 Recruitment Team / Left to Right: Courtney, Mary Kate, Mikenzie, Maddison, Mollie, Maddie

Panhellenic Council is comprised of the six social sororities on Truman's campus. The word Panhellenic comes from the greek words "pan," meaning "all," and "hellenic," meaning "Greek." There are representatives from each sorority that serve on the council to unite all the sororities and ensure equality between them. In addition, they sponsor St. Jude Children's Research Hospital.

The six women shown above are the representatives on the Panhellenic Council known as Recruitment Team. Each of these women have disaffiliated from their own sorority to collaborate together and facilitate Formal Recruitment.



GAMMA CHI



You will be led through Formal Recruitment by your recruitment counselor, a.k.a. your Gamma Chi. Gamma Chis are sorority women who have disaffiliated from their own sororities to serve as unbiased counselors in order to help each potential new member find the sorority that fits her best. Your Gamma Chi will be available at any time to answer any question or listen to any concerns that you may have about sorority life with complete confidentiality. Get to know the Gamma Chis on Truman's Panhellenic website at panhellenic.truman.edu.

FREQUENTLY ASKED QUESTIONS

HOW DO I FIND THE RIGHT SORORITY FOR ME?

Formal Recruitment is a feeling-out process. The trick is to narrow your options without limiting them. Keep an open mind, and consider several alternatives just as you did in applying to college. Although word-of-mouth can be informative, gossip is not fact. Follow your heart and do not let anybody else make the decision for you. Ask yourself where you feel at home, and utilize your Gamma Chi. She will be with you every step of the way to answer any of your questions.

HOW MUCH DOES A SORORITY COST?

The cost for membership in each sorority varies. New members should expect to pay around \$770 (+/- \$90) during their first year of membership. This includes many one-time fees. After the first year, the current average yearly membership cost drops to \$575 (+/- 130). Individual payment plans, financial aid, and scholarships are available from individual sororities and Panhellenic Council. Feel free to ask individual chapters or ask for a sheet with a breakdown of finances.

HOW MUCH TIME IS REQUIRED?

There are mandatory commitments that are set in advance per sorority, such as weekly meetings, philanthropy events, and new member education sessions, but beyond that each member can be as involved as she chooses to be. The old say, "You get out of it what you're willing to put into it," could not be more true.

WHAT ABOUT HAZING?

Hazing is illegal in the state of Missouri, and it is not allowed by any sorority on Truman's campus. The Truman State University Greek System does not tolerate hazing. If one feels she has been hazed or has observed hazing, she should immediately report it to the Panhellenic Advisors.

WHAT ABOUT SORORITY HOUSING?

Currently, we are unable to have sorority chapter houses, but we do have sorority dorm floors located in Brewer Hall. Girls tend to

live there during their sophomore year, and sometimes stay longer. Each sorority has their own chapter room located in Brewer Hall. These chapter rooms are a fun place to hang out, study, and mingle with girls within your sorority.

WOULD I LOSE TOUCH WITH FRIENDS WHO CHOOSE NOT TO JOIN A SORORITY?

Absolutely not! Many Greeks and non-Greeks remain close. You would widen your circle of friends and contacts by joining a Greek organization. Joining a sorority should not interfere as long as you are committed to your friendships.

WOULD JOINING AFFECT MY GRADES?

Academic excellence is one of the most important aspects of sorority life at Truman. Each sorority strives to foster an environment of academic success through academic mentoring programs, incentive programs, and minimum GPA requirements. Last year, the average sorority member's GPA was higher than the all-campus average.

HOW WILL JOINING HELP MY FUTURE?

Since sororities govern themselves, the leadership opportunities available to Greeks are plentiful. Members can cater their experiences to match their interests and personal or professional goals. Greek Life teaches confidence, leadership, networking, and other professional skills that businesses cite as valuable, and often, leadership opportunities are offered right after joining.

WHAT IF I DECIDE NOT TO JOIN?

Greek Life is not for everyone, and that's okay. You are not committed to join by going through Formal Recruitment. If you decide it is not for you, Truman has over 200 student organizations could be a better fit for you.

... HAVE MORE QUESTIONS?

ASK THEM TO TRUMAN GREEKS AT THE...

GREEK INTEREST BBQ

SUNDAY, AUGUST 25 / ON THE QUAD / 4PM-7PM



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Rainsite: SUB Georgian Rooms / Sponsored By: NPC, IFC, NPHC



PANHELLENIC WOMEN AT TRUMF



AN STATE UNIVERSITY FALL 2019

HOW TO SIGN UP

1. FILL OUT THE REGISTRATION FORM AT: [PANHellenic.TRUMAN.EDU](http://panhellenic.truman.edu)

You do not need your Truman e-mail to sign up, but it is preferred
Click on the Recruitment sign up link: <http://enroll.icsrecruiter.com/pan/TRUMAN>

2. GET YOUR PICTURE TAKEN AND PAY REGISTRATION FEE:

Go to the Panhellenic Office on the first floor of BNB (room 1201) between August 20th and September 4th from 12-4 pm. (excluding weekends and Labor Day - Monday, September 2nd)

// Get your picture taken

// Turn in \$30 Registration Fee

3. PICK UP YOUR OPEN EVENT SHIRT:

Your shirt will be available for you to pick up at:
Meet the Gamma Chis or at Panhellenic Welcome



WHAT TO WEAR



THURSDAY & FRIDAY OPEN EVENTS

Please wear the recruitment t-shirt that was given to you when you signed up for recruitment. Along with this shirt, you could wear jeans, skirts, or nice shorts. Please do not wear sports shorts.

SATURDAY INVITE EVENT

Wear business casual clothing, such as dress pants and a nice top, a skirt and blouse, or a casual sundress.

This is the longest day of recruitment, so remember to wear comfortable shoes!



SUNDAY PREFERENCE EVENT

Wear a nice dress, or skirt and blouse.

Although it is the most formal day, please do not wear prom dresses.

DELTA ZETA

*Welcomes you
to Truman*



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Sigma Sigma Sigma



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GREEK LETTERS







ΑΣΑ

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Delta Phi Epsilon



Wishes you luck on your fall semester!



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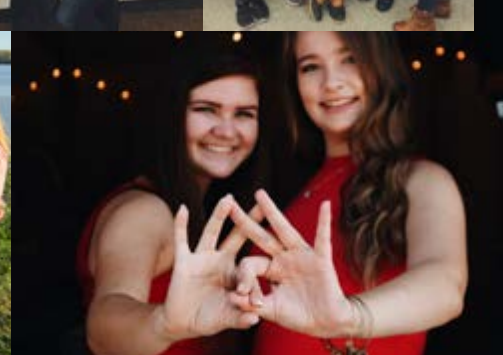
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ALPHA GAMMA DELTA

wishes you good luck with the fall semester

ΑΓΔ

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{GO GREEK}

GLOSSARY OF GREEK TERMS

Alumnae: Members of a sorority who have graduated

Active Member: An initiated member of a sorority currently in college

Bid: An invitation to membership

Chapter: A branch of a national sorority, established on campus

Disaffiliation: When a Greek woman temporarily separates herself from her own sorority in order to lead and assist the potential members during formal membership recruitment

Infraction: Filed when a sorority violates the recruitment specific rules and regulations.

Initiation: The ceremony at which a promised member becomes an active or initiated woman

Legacy: The daughter or sister of (or in some groups step-daughter, step-sister, or granddaughter) of an initiated member

Local Sorority: A sorority located on one campus that does not have affiliation with a national fraternity for women

Philanthropy: A charity or fundraiser that the sorority supports, locally or nationally

Potential New Member (PNM): Female student who is participating in formal membership recruitment

New Member: An individual who has joined a sorority but has not yet been initiated

Strict Silence: The time between the last preference event and yell-in during which a potential member may not have any contact with an active member

Yell-in: The traditional close to formal membership recruitment where potential members learn the sorority affiliation of their Gamma Chi and meet their new sorority sisters

Dirty Rushing: When one organization will attempt to influence a potential new member through methods that are against the rules. If you feel you have experienced any of the following examples or anything else that makes you feel uncomfortable, please notify one of the Recruitment Team members as soon as possible. Examples of dirty rushing include:

- A sorority speaks about another sorority (or sororities) in a negative way to a potential new member.
- Sorority members call you on the phone or hang out with you outside of the Formal Membership Recruitment events.
- Alumnae or active members call you during the summer or during formal recruitment to recruit PNMs.
- You are given a gift or other item to keep during a formal recruitment event.
- You are promised a bid by a sorority.
- You are persuaded to decline or accept a recruitment party invitation by any sorority member.

GREEK ALPHABET

A Alpha	E Epsilon	I Iota	N Nu	P Rho	Φ Phi
B Beta	Z Zeta	K Kappa	Ξ Xi	Σ Sigma	X Chi
Γ Gamma	H Eta	Λ Lambda	O Omicron	T Tau	Ψ Psi
Δ Delta	Θ Theta	M Mu	Π Pi	Υ Upsilon	Ω Omega

2019 Primary Recruitment Schedule

June

PNM Registration Opens: Saturday, 1st

August

Freshman Move-in: Wednesday, 14th, 8:00 AM-1:00 PM
Go Greek Tabling: Monday-Friday, 19th-23rd & 26th-30th
Greek Interest BBQ: Sunday, 25th, 4:00-7:00 PM
Activities Fair: Wednesday, 28th, 2:00-6:00 PM, Student Union Building

September

PNM Registration Ends: Monday, 2nd
Meet the Gamma Chis: Tuesday, 3rd, 7:30-9:30 PM, SUB Georgian
Panhellenic Welcome: Wednesday, 4th, 6:00-8:00 PM, SUB Georgian Miss and Mingle:
Wednesday, 4th, 8:30-11:30 PM SUB Alumni Room
Open Events: Thursday-Friday, 5th-6th

- 6:00-6:40 PM
- 7:20-8:00 PM
- 8:40-9:20 PM

Invite Events: Saturday, 7th

- 1:30-2:25 PM
- 3:05-4:00 PM
- 5:35-6:30 PM
- 7:10-8:05 PM

Preference Events: Sunday, 8th

- 1:00-2:10 PM
- 3:00-4:10 PM
- Panhellenic Closing and MRABA Signing 4:30 PM

Bid Day: Monday, 9th

- Bid Signing (Sub Georgian) 2:00-5:00 PM
- Yell-In (Stokes) 5:30 PM